



MELISA MERAL

WORKSHOP FACILITATOR & SPEAKER

Motivating busy teams with engaging workshops on Productivity, Time Management, Organization, and Overconsumption

Profile

Melisa delivers **high-energy, results-driven workshops** for your **Corporate Wellness initiatives and Employee Benefit programs**, utilizing a career background of **10+ years in HR & People Operations**, a **BA in Sociology**, and **certifications in Neurolinguistic Programming (NLP) + Somatic Coaching**

Melisa became a **Productivity, Time Management, and Organization Expert** while running a successful home organizing business, serving 250+ families then expanding her impact through an **Amazon Best-Selling Book**, an **Online Course**, a **thriving YouTube Channel**, and a **widely streamed Podcast**

Melisa has been a global speaker & workshop facilitator since 2018- her speciality is in **helping busy teams reduce overwhelm, increase efficiency, minimize burnout, and boost performance!**

Pricing

One Hour Virtual Workshop: \$500

One Hour In-Person Workshop (Local to Oklahoma): \$750

One Hour In-Person Workshop (Dallas, Wichita, Little Rock): \$1,500

One Hour In-Person Workshop (USA & Global): Negotiable



Contact

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 melisameral.com



A FEW PAST CLIENTS:

Looking for an **engaging, energizing, and entertaining speaker** for your next Lunch & Learn, Monthly Town Hall, Quarterly Offsite, or Annual All-Hands Meeting?

Let's work together!